



**I don't always get what I wish for,  
but I do get what I work for.**

**I am capable of doing**

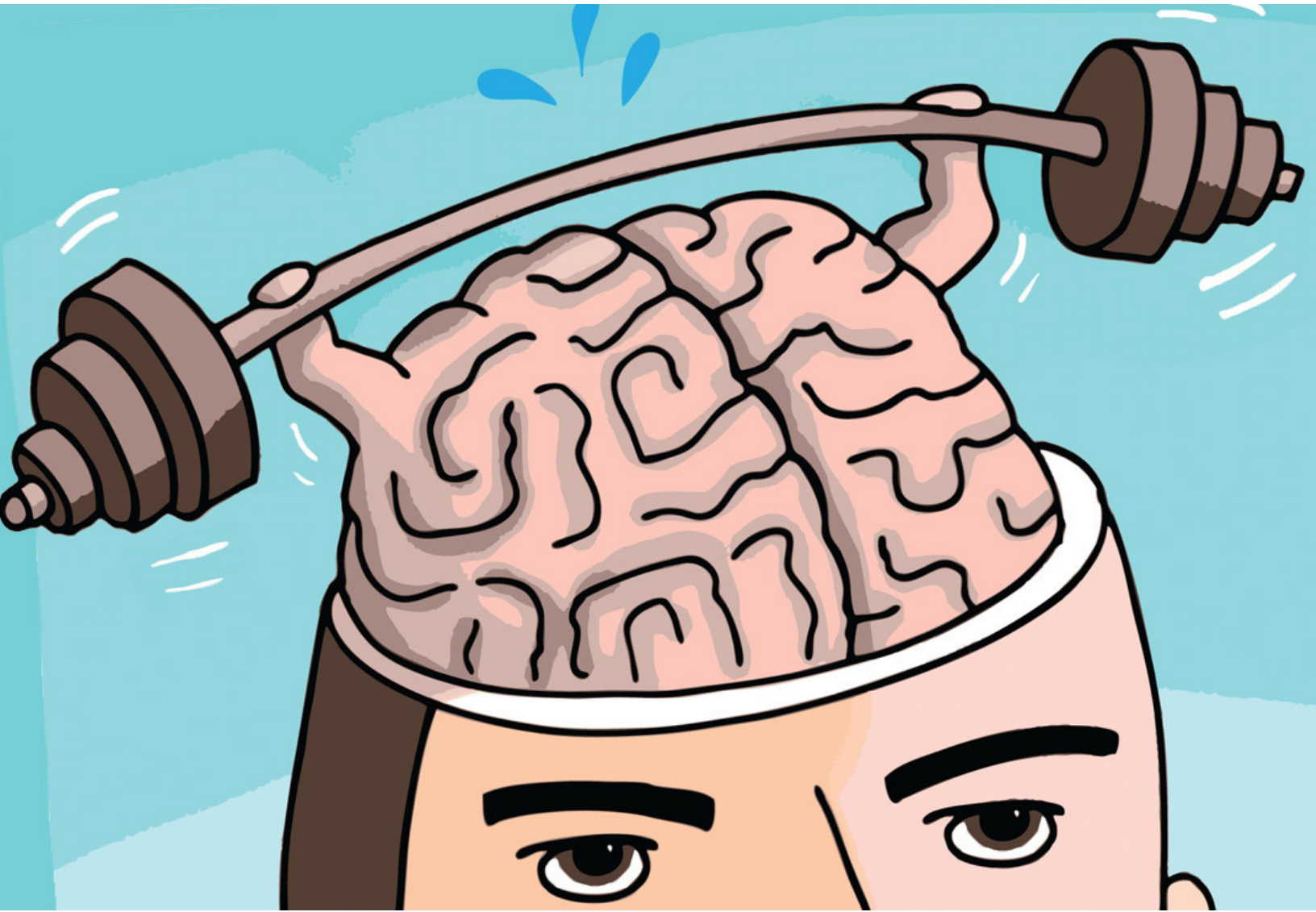


**difficult things.**

**When I learn new things,  
I am smarter.**



**When I put forth more effort,**



**I improve.**

**When I practice,**



**I see great results.**

**I view challenges**



**as opportunities for growth.**



**With effort**

**and determination**

**I can succeed.**



**I can learn more from  
failure...**



**than I do from success.**





**My potential is  
limitless!**

**Mistakes are proof...**



**...that you are trying.**

**It's OK to not know.  
It's not OK to not try.**



**I am getting smarter**



**every day!**

**Don't give up  
until you are...**



**Proud!**



**Whether you think you can  
or you think you can't...**



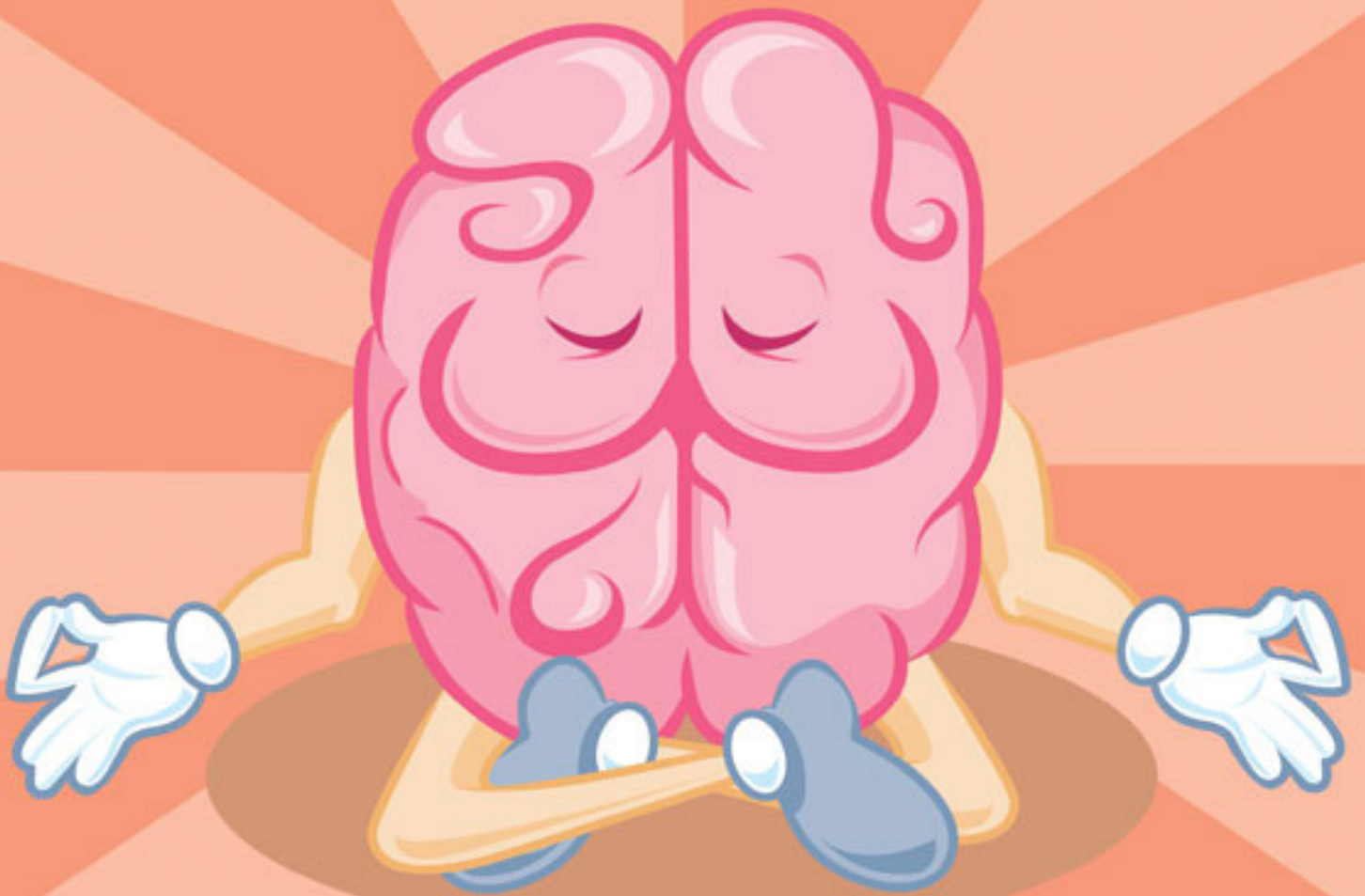
[starcasm.net](http://starcasm.net)

**you're right!**

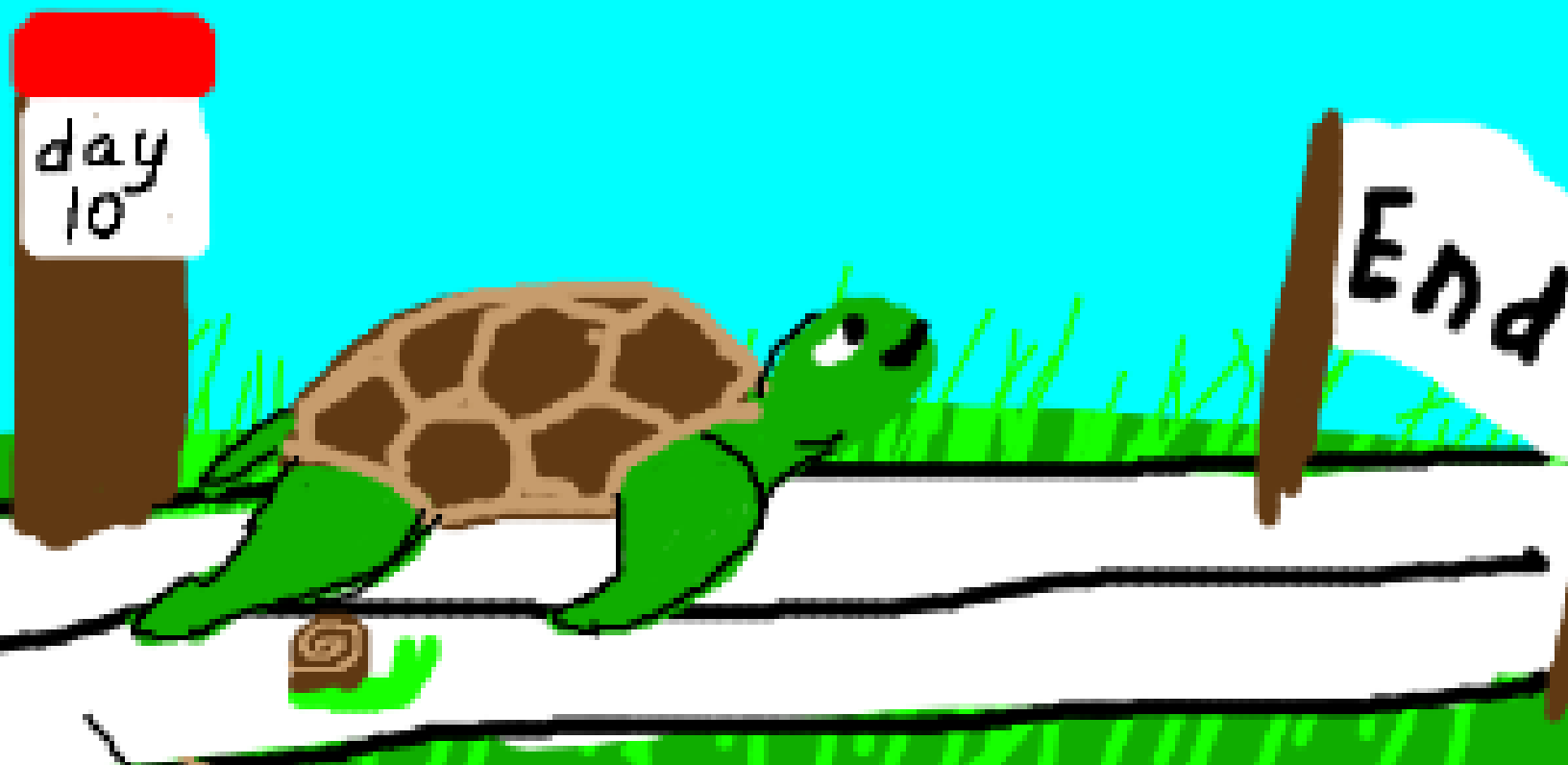
**I can do  
hard things!**



# **My brain can**



**s t r e t c h !**



**Some things might  
take me longer,  
and that's OK!**